



ORTHOPEDIC ASSOCIATES OF LONG ISLAND

**Founded On Reputation.
Focused On Care.**

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 **ORTHOPEDIC ASSOCIATES
OF LONG ISLAND**

Welcome To The Team

Dr. Minutillo
Joint Reconstruction

Visit Our Website 
oali.com

Meet **Dr. Gregory Minutillo!** He specializes in adult hip and knee reconstruction surgery, utilizing advanced technology and techniques tailored to each patient's needs. Committed to helping patients regain active lifestyles, he often offers same-day surgery options for a more comfortable recovery. His services include various types of hip and knee replacements, minimally invasive procedures, and non-surgical management of arthritis. As an active researcher, he has published numerous articles and presented at prestigious conferences, building on a strong educational background that includes a Master's in Pharmacology, a Medical Degree, and a Master of Public Health. To schedule an appointment with Dr. Minutillo at our **East Setauket, Commack, or West Babylon** office, contact us today!



We are excited to announce that Orthopedic Associates of Long Island has been nominated for the **2025 Best of Long Island** awards! Support Orthopedic Associates of Long Island (OALI) by casting your vote for us as the **best orthopedist** in the Health, Wellness, & Beauty category. We're truly grateful for the nominations and support!



At **Orthopedic Associates of Long Island**, we understand that workplace injuries involving bones and joints can significantly impact an employee's health and productivity. These injuries can arise from various activities, including repetitive motions, improper lifting techniques, or accidents. Early diagnosis and appropriate treatment are essential to facilitate recovery and prevent long-term complications. Here are some common bone and joint injuries we frequently treat:

Fractures: Often resulting from slips, trips, and falls, fractures can occur in wrists, ankles, and arms, requiring careful assessment and treatment for proper healing.

Ligament Tears: Common in the knee, these injuries often arise from improper lifting or sudden movements, leading to pain and instability. We provide targeted rehabilitation strategies to restore function.

Tendonitis: Frequently affecting the shoulder and elbow, tendonitis results from repetitive motions in various work environments. Our specialized therapies help alleviate pain and promote healing.

Carpal Tunnel Syndrome: This condition, caused by prolonged computer use, affects the wrist and leads to numbness and pain. We offer effective diagnosis and treatment to relieve pressure on the median nerve.

Bursitis: Inflammation of the bursae (small fluid-filled sacs) around joints can occur from repetitive motion or prolonged pressure, particularly in the shoulder and hip. Our team provides comprehensive care to reduce inflammation and improve mobility.

At Orthopedic Associates of Long Island, we are dedicated to addressing these injuries with effective treatment plans that ensure a safe return to work and daily activities.



Hip replacements are a highly effective surgical solution for individuals suffering from severe hip pain due to arthritis or injury, significantly improving mobility and quality of life. Our experienced team at **OALI** utilizes advanced techniques and personalized care to ensure a successful recovery and optimal results for our patients. We also provide comprehensive pre- and post-operative support to guide patients through their healing journey.

Meet Our Surgical Sports Medicine Team



Anthony Cappellino, M.D.

Surgical Sports Medicine Team

Dr. Anthony Cappellino specializes in sports medicine and joint reconstruction, including minimally invasive procedures in anterior hip replacement, knee replacement, and shoulder replacement.

Dr. Cappellino has been Chairman of the Department of Orthopedics at Good Samaritan University Hospital since 2010 and is actively involved in training the Nassau University Medical Center orthopedic residents. Dr. Cappellino sees patients in our **West Babylon** office.



Gregg J. Jarit, MD

Surgical Sports Medicine Team

Dr. Gregg Jarit an orthopedic surgeon, specializes in treating athletes. He uses conservative and minimally invasive techniques for sports-related injuries and is certified in orthopedic sports medicine.

Graduating from the University of Virginia in 1998, he earned his medical degree from Albert Einstein College of Medicine in 2002. After his residency at NYU Hospital for Joint Diseases, he pursued a sports medicine fellowship at the University of Virginia. Dr. Jarit sees patients at OALI's **Centereach, East Setauket** and **Wading River** offices.



Michael J. Sileo, MD
Surgical Sports Medicine Team

Dr. Michael Sileo graduated magna cum laude from the College of William and Mary in 1998 before earning his medical degree at SUNY Stony Brook in 2002. His extensive post-graduate training included a fellowship in sports medicine at Lenox Hill Hospital, where he served as assistant team orthopedist for various teams.

Dr. Sileo specializes in minimally invasive treatments for shoulder, hip, and knee injuries and sees patients at OALI's **East Setauket** and **Commack** offices.



David R. Swanson III, MD
Surgical Sports Medicine Team

Dr. David R. Swanson III is a board-eligible orthopedic surgeon specializing in sports medicine, joint replacement, and trauma. Graduating with honors from Gordon College, he earned his medical degree from Wright State University Boonshoft School of Medicine. After residency at Stony Brook University Hospital, he underwent advanced fellowship training at New England Baptist Hospital, serving as a team physician for the Boston Celtics.

Dr. Swanson is dedicated to providing personalized care to help patients return to their desired level of activity. He provides care at OALI's **East Setauket, Patchogue,** and **Riverhead** offices.



Dr. Mikhail Zusmanovich, specializes in general orthopedics and sports medicine surgery, with expertise in hip, knee, and shoulder arthroscopy, fracture care, and internal fixation. He graduated with honors from UC Santa Barbara and attended medical school at USC's Keck School of Medicine. Completing his residency at NYU Langone Health and fellowship at Cedars-Sinai Kerlan-Jobe Institute, he served as an assistant team physician for various professional sports teams in Los Angeles.

Dr. Zusmanovich is a member of multiple orthopedic organizations and is fluent in Russian. He provides care at OALI's **Centereach, Commack, East Setauket, Patchogue**, and **West Babylon** offices.

Are You Utilizing Our Patient Portal?



Did you know you can access your OALI visit notes, request appointments, and contact your provider and their team through our **OALI Patient Portal**? Please click below or contact our office to register or restore your access to your OALI Patient Portal at info@oali.com.

How Did We Do?

We strive to offer the best care to each and every patient. Our success depends on the quality of patient care, and the only way to be sure of this is to hear from **YOU**, our patient.

"Professional and knowledgeable.
Clean and well run facility."

-Kim R. (Google Reviews)



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